

ABOUT CAMP

Camp NoHiLo fosters increased confidence and self-esteem, responsibility and age appropriate independence in diabetes care. Campers enjoy traditional indoor and outdoor activities while meeting other children with diabetes.

COME AND PLAY ... WHERE FRIENDS ARE MADE!

PROGRAM GOALS

The goals of Camp NoHiLo are to:

- Increase campers' knowledge of diabetes by providing a healthy and mentally stimulating education program in combination with recreational fun.
- Improve campers' diabetes management problem solving skills and abilities through hands on activities.
- Increase campers' self esteem, confidence and facilitate increased independence by offering the opportunity to meet others with diabetes and share life experiences.
- Promote appropriate emotional and physical growth and development of campers that will continue long after the camp experience ends.
- Create a sense of living well with diabetes for all members of the family.

Diabetes Solutions
of Oklahoma

EDUCATION FOR LIVING ... FRIENDS FOR LIFE!

COST AND WHAT'S INCLUDED

\$75 camper with diabetes
\$100 sibling without diabetes

The cost of Camp NoHiLo includes diabetes camp supplies (insulin/testing supplies), medical supervision, supervised program activities, snacks and drinks, arts and crafts, a Camp NoHiLo T-shirt and group picture.

In addition, scholarships are available for those who cannot pay the full amount. Families are strongly encouraged to pay a portion of the fee and to supplement the cost by seeking sponsors. Our goal is that no child is denied access to Camp NoHiLo for financial reasons. If you wish to apply for financial assistance, please check the appropriate box on the registration form. Fees will be adjusted according to demonstrated financial, medical and social need.

REGISTRATION DEADLINE: JUNE 1, 2010

Camp NoHiLo

a DAY CAMP FOR CHILDREN AGES 4-10 WHO HAVE DIABETES
JUNE 8-11, 2010

Lunch

Campers must bring a sack lunch each day. Snacks and drinks will be provided by the camp.

Please note ...

Since diabetes effects everyone in the home, a brother or sister who is also 4-10 years old may attend Camp NoHiLo. All campers, with and without diabetes, are grouped according to age.

ALL SMILES ... NOHILO!

KIDS ON THE BLOCK INC.



Our special guests include new friends with and without diabetes. Join Christine, our friendly Kids On The Block puppet who has diabetes. Watch as she helps teach others about diabetes how to live with it. She may teach you something new, or you may teach her something!

LOCATION, DATE AND TIME



Heritage Hall
1800 NW 122nd St.
Oklahoma City

Camp NoHiLo will take place June 8-11, 2010 from 9 a.m. to 4 p.m. Campers may be dropped off each day as early as 7:30 a.m. and picked up as late as 5:45 p.m.

STAFF

The volunteer staff consists of junior counselors ages 14-18 years of age, parents and other adults, and medical staff (physicians, certified diabetes educators, nurses and dietitians) from many facilities across Oklahoma including but not limited to OU Physicians and INTEGRIS Health. If you would like to volunteer, email kim@dsok.net.

Kim Boaz-Wilson, RN, BSN, CDE, is the diabetes camp director; and Hal Scofield, M.D., serves as the medical director.

FOR QUESTIONS CALL (405) 843-4386

Payment of fees: (please select A or B)

Cost to attend: \$75 camper with diabetes

\$100 sibling

A. I am sending the following amount with this registration to be applied to my camper's registration fee:

\$25 minimum deposit to hold campers spot

\$_____ Paid in full THANK YOU!

other _____

REGISTRATION DEADLINE: JUNE 1, 2010

B. I would like to apply for financial assistance for my camper and I am sending the \$25 minimum deposit per child (or other amount \$_____) with this registration.

Donation to Diabetes Solutions:

Please accept my donation to help diabetes camping in Oklahoma:

\$10,000 \$5,000 \$1,000

\$500 \$100 \$50

Other \$_____

Why donate to Diabetes Solutions? Our mission is to improve the lives of people with diabetes in Oklahoma and to reduce the incidence of diabetes and its complications through education. Diabetes Solutions is a non-profit organization that is dependent on donations from people and groups like you. Without support from generous people, Diabetes Solutions and the programs we offer could not exist. Thank you for your support!

Payment Method:

I have enclosed a check or money order

Please bill my debt or credit card \$ _____

VISA

MasterCard

Card # _____

Card expiration date _____

Cardholder's billing ZIP code _____

Card 3 digit security code (on back of card) _____

Signature _____

Camp NoHiLo Registration

JUNE 8-11, 2010

Camper name _____

Camper is a: BOY GIRL Birth date ____/____/____

Street address _____

City _____ State _____ ZIP _____

Home phone _____

Other phone _____

Parent/Guardian names _____

E-mail address _____

(Parent e-mail for additional registration purposes)

Diabetes physician _____

Please tell us about your camper's diabetes:

Year diagnosed with diabetes: _____

Insulin plan for camper: _____ inject insulin

_____ pump insulin

Please select a camper T-shirt size:

CHILD size: X-Small Small Medium Large

ADULT size: Small Medium Large XL XXL

Camper's will be divided into groups by age. Does your child have any requests to be in the same group as another camper, counselor or adult? If so, please list name(s):

Sibling name _____

Sibling is a: BOY GIRL Birth date ____/____/____

Please select a camper T-shirt size:

CHILD size: X-Small Small Medium Large

ADULT size: Small Medium Large XL XXL

Please send completed registration and payment to:

Diabetes Solutions-OK Inc.

4005 N.W. Expressway, Suite 600

Oklahoma City, OK 73116

Or fax to (405) 843-3455 with credit card payment

For questions call (405) 843-4386 or

e-mail kim@dsok.net or casey@dsok.net

Diabetes Solutions
of Oklahoma

Diabetes Solutions-OK, Inc.
4005 NW Expressway, Suite 600
Oklahoma City, OK 73116



For questions or to help support events like this:
Call (405) 843-4FUN (4386) or e-mail kim@dsok.net

CAMP NOHILO ... a DAY CAMP FOR CHILDREN AGES 4-10 WITH DIABETES

Diabetes Solutions
of Oklahoma

Camp NoHiLo

a DAY CAMP FOR OKLAHOMA
KIDS AGES 4-10
WITH DIABETES



EDUCATION FOR LIVING ...
FRIENDS FOR LIFE!

JUNE 8-11, 2010

Sponsored by:
Diabetes Solutions – OK, Inc.
A non-profit organization
serving the needs of
Oklahomans with diabetes